Functional Limitations Assessment

**Please check all applicable boxes**

1. **Self-Care: Refers to the daily personal skills required to maintain a healthy existence.** 
   * Does the individual need assistance with **bathing, dressing, oral hygiene and grooming**?
     + Independent: Able to bathe and dress self
     + Somewhat Dependent: Requires caregiver assistance with some areas of care, such as getting in/out of the shower, brushing teeth, putting on clothing or shampooing hair
     + Dependent: Totally dependent on others for bathing, dressing and grooming
   * Does the individual need assistance with **toileting**?

* Independent: Able to toilet independently
  + - Somewhat Dependent: Requires minimal assistance in some areas of care, but the constant presence of a caregiver isn’t necessary
    - Dependent: Totally dependent on others for toileting/diaper changing
  + Does the individual need assistance with **eating**?
    - Independent: Able to feed self
    - Somewhat Dependent: Able to feed self but needs verbal assistance such as reminders/encouragement to eat or aid in handling utensils, cups, or glasses
    - Dependent: Unable to feed self at all or is tube-fed

1. **Self-direction: Refers to an individual’s ability to make safe, wise decisions independently.**
   * Does the individual struggle with making decisions based on sound judgement?
     + Unimpaired: Individual is able to independently make safe, wise decisions
     + Mildly Impaired: Individual demonstrates a lack of ability to plan for self and struggles with choosing between alternatives. Exhibits poor social judgement.
     + Severely Impaired: Individual either fails to make decisions or makes decisions without regard to safety and wellbeing
2. **Receptive and Expressive Language: Refers to individual’s ability to understand what others are saying and to communicate his or her own thoughts**
   * Receptive Language: Struggles with understanding verbal questions or instructions from others
   * Expressive Language: Individual have difficulty communicating with others
   * No issues with Receptive and Expressive Language

TURN OVER

1. **Learning: Refers to individual’s ability to learn without additional supports and services**

* Individual has trouble doing age-appropriate tasks? (i.e. learning how to play a game or solve a math problem)
* Individual receives IEP services

Problems with memory and reasoning:

* Has no issues with memory or reason
* Moderate or Intermittent Issues: Needs occasional reminding to complete routine tasks and recall past events
* Severe Impairment: Unable to always remember to start or finish activities of daily living; cannot maintain much continuity of thought when carrying on a conversation

1. **Mobility: Refers to the ability to move around and use his or her physical abilities in the environment**

* Able to ambulate without the need of specialized equipment
* Specialized equipment needed for mobility i.e. cane, walker, wheelchair needed

1. **Capacity for Independent Living: Refers to an ability to engage in the activities needed to live and work**

* Does the individual need assistance with **housework?**
* Independent: Able to perform home tasks
* Somewhat Dependent: Requires physical assistance from another person for some chores (i.e. individual might have a limited endurance or be unable to bend, stoop, or reach)
* Dependent: Totally dependent on caregiver for all domestic chores.
* Does the individual need assistance with **preparing meals?**
* Independent: Able to plan, prepare, serve, and cleanup meals independently
* Somewhat Dependent: Requires caregiver to prepare and clean up more complex meals. Able to reheat food prepared by someone else or make simple meals by his or herself
* Dependent: Totally dependent on caregiver to prepare and clean up meals
* Individual uses medical equipment at home that is powered by electricity.

1. Economic Self- Sufficiency: Refers to the ability to obtain and retain a job in a competitive work environment

* Participant is school age
* Participant is not school age yet unable to work due to their disability